

# Westport Information Pack for Ukrainians / Інформаційний пакет Westport для українців



## Support Organisations / Організації підтримки

Westport Welcomes Ukraine – Support, community events, donations, social outings, local information etc.

WhatsApp group – all the adults are welcome to join. Contact volunteer Judy Casey to be added on 00353 87 7003158 or use this link:

<https://chat.whatsapp.com/BffYTCZYJUIAo28gqx1WX>

[www.facebook.com/westportwelcomesukraine](http://www.facebook.com/westportwelcomesukraine)

English Classes – Mayo ETB (Education & Training Board). Westport Further Education Centre, Newport Road, Westport. Adult Learning Organiser Rosario Cooney – tel. 098 56342 / email [rosariocooney@msletb.ie](mailto:rosariocooney@msletb.ie)

English Classes – Fáilte Isteach conversational English classes (volunteer led, for all nationalities and levels). Every Monday and Tuesday 7-9pm in Scoil Phadraig, Newport Road F28 V023. For more information, please call / text Paddy on 086 8451103.

Siobhán Carroll Webb, Mayo North East Social Inclusion & Community Activation Programme SICAP - 087 7530900, email [siobhancarrollwebb@mayonortheast.com](mailto:siobhancarrollwebb@mayonortheast.com).

Manages a Telegram group for information.

Kseniia Maiboroda, Ukrainian Refugee Support Worker with Mayo North East. Tel. 087 9654508, email [kseniamaiboroda@mayonortheast.com](mailto:kseniamaiboroda@mayonortheast.com).

Westport Family & Community Resource Centre - The Fairgreen, Westport F28 N620. Tel. 098 24419; email [admin@westportfrc.ie](mailto:admin@westportfrc.ie). [www.westportfrc.ie](http://www.westportfrc.ie) /

[www.facebook.com/westportfrc](http://www.facebook.com/westportfrc)

Drop-in information and support service (open 4 days a week – Monday, Tuesday, Thursday and Friday 10am-1pm and 2-4pm), community projects, support services, community education etc.

Citizens Information Centre - James Street, Westport. Tel. 0761 0761 00.

[www.citizensinformation.ie](http://www.citizensinformation.ie). Phonenumber and email open Monday, Wednesday and Friday 10am to 1pm. An appointment may be offered following a telephone consultation. Drop in service available on Wednesdays 10am to 1pm.

John Dempsey - Resettlement Support Worker, HSE – Tel. 087 4516844. Can help with medical card applications.

Mayo LES (Local Employment Service) – can help with job seeking, CVs etc. Email

[helenscahill@mayoles.ie](mailto:helenscahill@mayoles.ie) or [doloresheneghan@mayoles.ie](mailto:doloresheneghan@mayoles.ie)

Candle of Grace Charity, Castlebar, Co. Mayo – Tel. 087 226 2216; email

[candleofgrace@gmail.com](mailto:candleofgrace@gmail.com). [www.candleofgrace.ie](http://www.candleofgrace.ie).

Irish Red Cross - Offers humanitarian aid, help finding missing family etc. for refugees. Tel.

01 642 4600. [www.redcross.ie](http://www.redcross.ie)

Natalya Pestova, Eastern European Russian Speaking Communities Social Inclusion Liaison

Officer with HSE – COVID 19 information, health related matters, medical cards, social

welfare applications, immigration and general queries. Tel. 087 4422386; email

[natalya.pestova@hse.ie](mailto:natalya.pestova@hse.ie). Works Wednesdays and Saturdays

Patricia Quinn, Welcoming and Including New Communities Outreach and Training Officer

with South West Mayo Development Company CLG. Tel. 087 0966560; email

[pquinn@southmayo.com](mailto:pquinn@southmayo.com). Works Monday – Thursday.

Curiosity Shop – charity shop with low cost clothing. Jester Lane (in between Bridge St and

James St.), Westport. [www.facebook.com/Curiositywestport](https://www.facebook.com/Curiositywestport)

## Useful information / Корисна інформація

'Westport, Co Mayo, Ireland' - Facebook group: [www.facebook.com/groups/59452963205](https://www.facebook.com/groups/59452963205)

'Ask and We Will Answer' - Westport based Facebook group:

[www.facebook.com/groups/1515170191841661](https://www.facebook.com/groups/1515170191841661)

Coming to Ireland from Ukraine:

[https://www.citizensinformation.ie/en/moving\\_country/asylum\\_seekers\\_and\\_refugees/the\\_asylum\\_process\\_in\\_ireland/coming\\_to\\_ireland\\_from\\_ukraine.html](https://www.citizensinformation.ie/en/moving_country/asylum_seekers_and_refugees/the_asylum_process_in_ireland/coming_to_ireland_from_ukraine.html)

Ireland's response to the situation in Ukraine: [www.gov.ie/en/campaigns/bc537-irelands-response-to-the-situation-in-ukraine/](http://www.gov.ie/en/campaigns/bc537-irelands-response-to-the-situation-in-ukraine/)

Arriving in Ireland: [www.gov.ie/en/publication/c8e83-arriving-in-ireland/](http://www.gov.ie/en/publication/c8e83-arriving-in-ireland/)

Accommodation: [www.gov.ie/en/publication/62512-accommodation/](http://www.gov.ie/en/publication/62512-accommodation/)

Social Welfare supports for those arriving from Ukraine under the EU Temporary Protection

Directive: [www.gov.ie/en/publication/abf3e-social-welfare-supports-for-ukrainian-citizens-arriving-in-ireland-under-the-temporary-protection-directive/](http://www.gov.ie/en/publication/abf3e-social-welfare-supports-for-ukrainian-citizens-arriving-in-ireland-under-the-temporary-protection-directive/)

'Ukrainians in Ireland / Українці в Ірландії' Facebook group:

[www.facebook.com/groups/Ukrainians.in.Ireland/permalink/4976086459094178](https://www.facebook.com/groups/Ukrainians.in.Ireland/permalink/4976086459094178)

'Help Ukrainians in Ireland/ Допомога українцям в Ірландії' Facebook group:

[www.facebook.com/groups/379406900679082](https://www.facebook.com/groups/379406900679082)

Helping Hand For Ukrainians In Ireland Facebook group:

[www.facebook.com/groups/741572407248535/](https://www.facebook.com/groups/741572407248535/)

Ukrainians in Ireland - Work Vacancies/Робочі Вакансії -

[www.facebook.com/groups/3208818465996263/](https://www.facebook.com/groups/3208818465996263/)

The Gift of Music to Ukrainians in Ireland – Facebook group to request and accept offers of musical instruments, equipment, accessories, lessons and other services for and by

Ukrainians. It is also a place for musicians of all nationalities to connect with each other and Ukrainian people. [www.facebook.com/groups/5018344234885700](https://www.facebook.com/groups/5018344234885700)

Information on moving to Ireland:

[www.citizensinformation.ie/en/moving\\_country/moving\\_to\\_ireland/](http://www.citizensinformation.ie/en/moving_country/moving_to_ireland/)

Irish Red Cross Ukrainian Crisis information: [www.redcross.ie/wp-content/uploads/2022/03/FAQs-Ukraine-Crisis.pdf](http://www.redcross.ie/wp-content/uploads/2022/03/FAQs-Ukraine-Crisis.pdf)

Irish Refugee Council: [www.irishrefugeecouncil.ie/Pages/Category/ukraine-response](http://www.irishrefugeecouncil.ie/Pages/Category/ukraine-response)

Migrant Rights Centre - Helpline Service open Monday to Friday 10am – 1pm and 2pm – 4.30pm.

‘What it means to be Ukrainian’ Blog from Daria Blackwell, a Ukrainian-American-Irish sailor and author who lives in Westport: <https://beingukrainian.blogspot.com/2022/03/process-for-integrating-ukrainian.html>

## General Services / Загальні послуги

Westport Garda (Police) Station - The Fairgreen, Westport. Tel. 098 25555. [www.garda.ie](http://www.garda.ie)

Westport Post Office - The Mall, Westport. Tel. 098 25475. [www.anpost.ie](http://www.anpost.ie)

Westport Library - The Crescent, Westport. Tel. 098 25747. [www.mayolibrary.ie/Westport](http://www.mayolibrary.ie/Westport)

Westport Civic Offices (inc. Housing Office) - Altamont Street, Westport. Tel. 098 50400. [www.mayo.ie](http://www.mayo.ie)

Westport Intreo (Social Welfare) Office - James St, Cahernamart, Westport, Co. Mayo, F28 KD74. Tel. 0818 405 060. [www.welfare.ie](http://www.welfare.ie)

Mayo Local Employment Service - James St, Westport (beside the Clew Bay Hotel). Tel. 098 28583. Can help with job seeking, writing CVs etc.

Society of St. Vincent De Paul - Tel. 098 28825 / 087 9934960; email

westportsvp@eircom.net. [www.svp.ie](http://www.svp.ie). Offers financial help / vouchers / food to those experiencing poverty.

## Education / Освіта

### Preschools / Дошкільні заклади

1. McConville Park Community Preschool - Reekview Terrace, Westport. Tel. 086 0670650.
2. Bright Beginnings Childcare Centre (creche and preschool) - Castlebar Rd., Westport. Tel. 085 1257604; email [brightbeginningswestport@gmail.com](mailto:brightbeginningswestport@gmail.com).
3. The Little Way Montessori - Upper Quay, Westport. Tel. 098 28941.
4. Tir na N’Og Montessori - The Grove, Mill Street, Westport. Tel. 087 2316704.
5. An Scoil Beag Montessori – The Quay School and Woodland Park, The Quay, Westport. Tel. 098 28303.
6. Woodland Park Preschool – Scoil Phádraig and Castlebar Rd., Westport. Tel. 087 1185643.
7. Smarties Montessori - The Old School House, Fahy. Tel. 098 41065 / 087 7802612.

8. Naíonra Céimeanna Beaga Preschool - Gaelscoil na Cruaiche, Golf Course Road. Westport. Tel. 094 9038401.
9. Aughagower Community Preschool & Afterschool - The Old School House, Aughagower. Tel. 085 1210763.
10. Little Bears Pre-School - Murrisk, Westport. Tel. 089 2725894.
11. Killawalla Playschool - Killawalla. Tel. 086 2418226.
12. Carrakennedy Community Childcare - Carrakennedy. Tel. 087 7782874.
13. Stepping Stones Montessori, Main St., Newport. Tel. 087 634 3467.
14. Louisburgh Childcare, Cairde Caher Ard, Caher, Louisburgh. 098 23655.
15. Killeen Community Playgroup, Killeen Community Centre, Killeen, Louisburgh. Tel. 68660.

#### Primary Schools (N.S. = National School) / Початкові школи

1. Scoil Phadraig N.S., Newport Road., Westport. Catholic. Tel. 098 26027.  
[www.scoilphadraig.ie](http://www.scoilphadraig.ie)
2. Gaelscoil na Cruaiche, Golf Course Rd, Westport. Catholic Gaelscoil. Tel. 098 28121.  
[www.gaelscoilnacruaiche.com](http://www.gaelscoilnacruaiche.com)
3. The Quay National School (St. Colmcilles), Westport. Catholic. Tel. 098 26829.  
[www.quayschool.ie](http://www.quayschool.ie)
4. Holy Trinity National School, Newport Rd., Westport. Church of Ireland. Tel. 098 27216.  
[www.holytrinityns.com](http://www.holytrinityns.com)
5. Westport Educate Together N.S., Westport Woods Hotel, Quay Rd., Westport. Multi-denominational. (New school - currently up to 1<sup>st</sup> class only). Tel. 086 142 2822.  
[www.westportetns.ie](http://www.westportetns.ie)
6. Lankill N.S., Lankill, Westport. Catholic. Tel. 098 21272. [www.lankillns.ie](http://www.lankillns.ie)
7. St. Josephs N.S., Brackloon, Westport. Catholic. Tel. 098 21902. [www.brackloonns.ie](http://www.brackloonns.ie)
8. Knockrooskey N.S. (St. Joseph's), Aghagower, Westport. Has an autism unit. Catholic. Tel. 098 35276. [www.knockrooskeyns.ie](http://www.knockrooskeyns.ie)
9. Myna (St. Brendans) National School, Kilmeena, Westport. Catholic. Tel. 098 41361.  
[www.stbrendans.ie](http://www.stbrendans.ie)
10. Fahy N.S., Fahy, Westport. Catholic. Tel. 098 41531. [www.fahyns.ie](http://www.fahyns.ie)
11. Coguala N.S., Coguala, Westport. Catholic. Tel. 098 26109.
12. Carrowholly N.S., Carrowholly, Westport. Catholic. Tel. 098 39213.  
[www.carrowhollyns.ie](http://www.carrowhollyns.ie)
13. Carrakennedy N.S., Cushlough, Westport. Catholic. Tel. 098 21442.  
[www.carrakennedyns.com](http://www.carrakennedyns.com)
14. Murrisk (St Augustine's) N.S., Meermihil, Murrisk, Westport. Catholic. Tel. 098 64878.  
[www.murriskns.ie](http://www.murriskns.ie)
15. Drummin N.S., Drummin, Westport. Catholic. Tel. 098 21446. [www.drumminns.ie](http://www.drumminns.ie)
16. Killawalla N.S., Killawalla, Westport. Catholic. Tel. 098 35206. [www.killawallaschool.ie](http://www.killawallaschool.ie)
17. Lecanvey N.S., Lecanvey, Westport. Catholic. Tel. 098 64957. [www.lecanveyns.net](http://www.lecanveyns.net)

18. Newport N.S., Barrickhill, Newport. Catholic. Tel. 098 41442. [www.newportns.ie](http://www.newportns.ie)
19. Cloondaff N.S., Glenhest, Newport. Catholic. 098 41917. [www.cloondaffns.ie](http://www.cloondaffns.ie)
20. Cuilmore N.S., Derrycontoort West, Newport. Catholic. Tel. 098 41890.  
[www.cuilmorens.ie](http://www.cuilmorens.ie)
21. Mulranny N.S., Mulranny. Catholic. Tel. 098 36283.  
[www.mulrannynationalschool.scoilnet.ie](http://www.mulrannynationalschool.scoilnet.ie)
22. Louisburgh N.S., Tooreen, Louisburgh. Catholic. 098 66300. [www.louisburghns.ie](http://www.louisburghns.ie)
23. Killeen N.S., Killeen, Louisburgh. Catholic. 098 68651. [www.killeenns.com](http://www.killeenns.com)

### Secondary Schools / Середні школи

1. Rice College, Castlebar Road, Westport. For boys. Catholic. 460 pupils. Tel. 098 25698.  
[www.ricecollegewestport.ie](http://www.ricecollegewestport.ie)
  2. Sacred Heart School, Castlebar Road, Westport. For girls. Catholic. 544 pupils. 098 26268.  
[www.shswestport.ie](http://www.shswestport.ie)
  3. Sancta Maria College, Louisburgh. Co-ed (for both boys and girls). Catholic. 481 pupils (approx. 150 coming from Westport). Private bus available from Westport at a cost of approx. €750 per year. Tel. 098 66342. [www.sanctamaria.ie](http://www.sanctamaria.ie)
  4. Coláiste Mhuire, Tourmakeady. Gaelscoil (Irish speaking). Co-ed. Catholic. 161 pupils (approx. 60 attending from Westport). Private bus available from Westport. Tel. 094 954 4107. [www.colaiSTEMUIRE.eu/en/](http://www.colaiSTEMUIRE.eu/en/)
  5. Youthreach, Neale Rd., Ballinrobe. Co-ed. Junior Cert and Leaving Cert Applied only. May be more suitable for older teens as they could avoid sitting the Leaving Cert exams. Free bus available from Westport. Tel. 094 954 1117. [www.youthreachballinrobe.net](http://www.youthreachballinrobe.net).
- There is no co-ed or multi-denominational secondary school in Westport.

### Adult Education / Освіта дорослих

Westport College of Further Education - Newport Road, Westport. Tel. 098 25241; email [admin@westportcfe.ie](mailto:admin@westportcfe.ie). [www.westportcfe.ie](http://www.westportcfe.ie)

Mayo ETB Further Education Services - Further Education Centre, Newport Road, Westport. Tel. 098 56342. [www.mayovec.ie](http://www.mayovec.ie). Offers literacy and English classes.

### Health / Здоров'я

The HSE (Health Service Executive) is Ireland's public healthcare service. You will be able to get the same healthcare services as people who live in Ireland, but in general the service is poor – there are not enough doctors or dentists and there are long waiting lists.

Unfortunately many people cannot find a doctor (GP) as they are full.

Healthcare services for Ukrainian nationals in Ireland:

<https://www2.hse.ie/services/healthcare-in-ireland/ukrainian-refugees.html>

Health Information Clinic for Ukrainians – every Tuesday 10.30am-12pm in Westport Primary Care Centre, Tober Hill, Westport F28 ED71.

Medical Cards / GP Visit Cards – There is a simplified process for Ukrainians:

<https://www2.hse.ie/services/healthcare-in-ireland/ukrainian-refugees.html>

Public Health Nurses - Westport Primary Care Centre, Tober Hill, Westport. Tel. 098 44000.

Westdoc Out of Hours GP Service (covers Westport, Louisburgh, Newport and Mulranny) - Crannóg House, Quay Road, Westport. Tel. 0818 360 000. If you haven't got a GP yet, you can attend here if you need to.

Mayo General Hospital - Westport Rd, Curragh, Castlebar, Co. Mayo. Tel. 094 9021733.

Accident and Emergency Department open 24 hours.

Mayo Mental Health Association - 2 New Antrim Street, Castlebar, Co. Mayo. Tel. 094 90 38148. [www.mentalhealthmayo.ie](http://www.mentalhealthmayo.ie)

HSE Info Line - 1850 24 1850. [www.hse.ie](http://www.hse.ie)

### GPs / лікарів

Reek View Clinic, Westport Primary Care Centre, Tubber Hill, Westport, Mayo. 098 27865.

West Coast Medical, Westport Primary Care Centre, Tubber Hill, Westport, Mayo. Tel. 098 70333.

Clew Bay Family Practice, Westport Primary Care Centre, Tubber Hill, Westport, Mayo. Tel. 098 37019.

Westport Medical Clinic, Market Lane, Westport, Mayo. Tel. 098 27500.

Grove Medical Centre, Mill Street, Westport, Mayo. Tel. 098 27666

Louisburgh Medical Practice, Chapel St, Clooncarrabaun, Louisburgh. Tel. 098 66168.

Newport Health Centre, Newport Health Centre, Meddlcott St., Carrowbaun, Newport. Tel. 098 41256.

\* It is very difficult to find a local GP accepting new patients, so you will have to apply for GP Allocation, which is only available if you are entitled to a medical card. Support organisations will help you with this.

### Dentists / Стоматологи

Dr. Rosemary Smith - 11 Cois Abhainn, Ballinrobe Rd, Westport. Tel. 098 24788; email [reception@drrosemarysmith.com](mailto:reception@drrosemarysmith.com).

Westport Dental Centre, North Mall, Westport. Tel. 098 28753.

Campbell Dental Clinic, 19 South Mall, Westport. Tel. 098 25785.

Mayo Dental & Implant Clinic, James St., Westport. Tel. 098 26611.

### Opticians / Оптици

O'Farrell Opticians, North Mall, Westport. Tel. 098 27765.

Eye World Opticians, Market Lane, Westport. Tel. 098 26732.

## Churches / Церкви

Orthodox Church Service - every second Sunday in the Chapel of St. Tikhon, Leitir, Islandeady, F23 RY60 at 10am.

Ukrainian Greek-Catholic Church in Ireland, Українська Греко-Католицька Церква в Ірландії – Donnycarney, Dublin. [www.facebook.com/UGCCIreland](http://www.facebook.com/UGCCIreland)

St. Marys Church (Roman Catholic) - The Mall, Westport. Tel. 098 28871; email [stmaryschurchwestport@eircom.net](mailto:stmaryschurchwestport@eircom.net). [www.westportparish.ie](http://www.westportparish.ie)

Holy Trinity Church (Church of Ireland) - Newport Road, Westport. Tel. 098 25127.

Calvary Mission Church (Christian) – Distillery Road, Westport. Tel. 094 9023702; email [info@calvarymission.ie](mailto:info@calvarymission.ie). [www.calvarymission.ie/westport](http://www.calvarymission.ie/westport)

Amazing Grace Church (Christian) - Castlebar Road, Sherroe, Westport. Tel. 098 29817. [www.amazing-grace-westport.com](http://www.amazing-grace-westport.com)

## Transport / Транспорт

### Bus Eireann

- 7 buses a day to Castlebar
- 5 buses a day to Galway
- 6 buses a day to Newport
- 5 buses a day to Murrisk and Louisburgh

Tel. 0818 836 611. [www.buseireann.ie](http://www.buseireann.ie)

Local Link Mayo - manages and coordinates the delivery of community and rural public transport Services. From Westport there are services to Newport, Tiernaur, Islandeady, Kilmeena and Castlebar. They offer door to door pickups and some evening services.

Tel. 094 9005150. [www.locallinkmayo.ie](http://www.locallinkmayo.ie)

### Iarnród Eireann (Irish Rail)

Westport Railway Station on Altamount Street provides 5 daily outward and return Dublin trains on weekdays and 4 on weekends.

Tel. 0818 366222. [www.irishrail.ie](http://www.irishrail.ie)

## Clubs and Activities for Children in Westport

### Westport Art & Music School

Art and music classes and groups for ages 4+

Unit 2, The Courtyard, James Street, Westport.

Tel. 098 44573; email [westportartmusicschool@gmail.com](mailto:westportartmusicschool@gmail.com)

[www.westportartmusicschool.com](http://www.westportartmusicschool.com)

### Westport Drama School

Classes in Westport Town Hall every Saturday, Tuesday and Wednesday. Ages 6 - 18

Tel Aoife Carr Creaby 087 9721180; email [aoifecasting@gmail.com](mailto:aoifecasting@gmail.com)

[www.westportdramaschool.com](http://www.westportdramaschool.com)

StageSchool Ireland – dance, drama and singing

Junior Stage Classes for 4-6 years on Saturdays 11.15am to 12.5pm

Senior Stage Classes for 6 to 8, 9 to 11, 12 to 18 years on Saturday 10am- 1pm

Scoil Phadraig, Newport Rd., Westport.

Tel. 091 556 274; email [contact@stageschool.ie](mailto:contact@stageschool.ie). [www.stageschool.ie/locations/westport-mayo](http://www.stageschool.ie/locations/westport-mayo)

Danceworld - dance and performing arts

Classes on Fridays in Westport Leisure Park, James Street, Westport (some age groups full).

Tel. 087 2035460; email [danceworldwest@gmail.com](mailto:danceworldwest@gmail.com). [www.danceworldwest.ie](http://www.danceworldwest.ie)

Cresham Academy of Irish Dancing

Scoil Phadraig, Newport Rd. Westport. Tel. 086 8492287. [www.facebook.com/Cresham-School-of-Irish-Dancing](https://www.facebook.com/Cresham-School-of-Irish-Dancing)

Mayo School of Ballet – ballet and jazz dancing

Classes on Tuesdays, Thursdays and Saturdays in Westport Leisure Park.

Tel. 087 9429496; email [mayoschoolofballet@gmail.com](mailto:mayoschoolofballet@gmail.com). [www.mayoschoolofballet.ie/](http://www.mayoschoolofballet.ie/)

Westport Children's Choir & Westport Youth Choir

Community based children's choir age 6 -15

Westport Town Hall, The Octagon, Westport

Tel. Eriko Uehara Hopkinson 087 620 0445; email [erikohop@gmail.com](mailto:erikohop@gmail.com)

[www.westportchildrenschoir.ie](http://www.westportchildrenschoir.ie)

Junior Comhaltas - traditional Irish music classes for ages 8-18 years.

Classes on Wednesdays in Scoil Phádraig, Newport Rd., Westport.

[www.facebook.com/ccwestport](https://www.facebook.com/ccwestport)

Westport Family & Community Resource Centre Youth Projects - (after-school clubs for children/teens living in the Quay area or attending the Quay School).

Tel. John 098 24419; email [john@westportfrc.ie](mailto:john@westportfrc.ie). [www.westportfrc.ie/projects/quay-youth-community-project](http://www.westportfrc.ie/projects/quay-youth-community-project)

Westport Community Youth Initiative (Mac Luí) - Sharkey Hill Community Centre and Westport Town Hall Theatre. Tel. 087 0556923. [www.facebook.com/macluiwestport/](https://www.facebook.com/macluiwestport/)

The Wild West

Indoor play centre, parties, discos, sensory room etc.

Westpoint Shopping Centre, Altamount Street, Westport.

Tel. 098 24634; email [info@thewildwest.ie](mailto:info@thewildwest.ie). [www.thewildwest.ie](http://www.thewildwest.ie)



The W Cinema Kids Club

Kids movies every Saturday & Sunday at 11am at a discounted rate of €5.

W Cinema, James Street, Westport.

Tel. 098 24242. [www.thewcinema.com/](http://www.thewcinema.com/)

Westport Scouts (not active at present)

Voluntary group which offers children age 6+ and teens the opportunity to gain life skills through adventure training and fun.

Email [2ndmayowestportscouts@gmail.com](mailto:2ndmayowestportscouts@gmail.com). [www.facebook.com/2ndmayowestportscouts](http://www.facebook.com/2ndmayowestportscouts)

Order of Malta Cadets – Volunteer emergency rescue service

Tel. 086 2496656; [westport@orderofmalta.ie](mailto:westport@orderofmalta.ie). [www.facebook.com/orderofmaltawestport](http://www.facebook.com/orderofmaltawestport)

Westport United Football Club – soccer

United Park, Golf Course Road, Westport, F28 VY73

Tel. 085 266 6212; email [westportunited1911@gmail.com](mailto:westportunited1911@gmail.com). [www.westportunited.com](http://www.westportunited.com)

Westport G.A.A – Gaelic football and hurling for children and teens

Newport Road, Deerpark East, Westport. Tel. 087 236 0496 ; email [secretary.westport.mayo@gaa.ie](mailto:secretary.westport.mayo@gaa.ie).  
[www.westportgaa.com](http://www.westportgaa.com)

Kilmeena G.A.A - Gaelic football for children and teens aged 6+

St. Brendan's Park, Kilmeena, Westport

Email [secretary.kilmeena.mayo@gaa.ie](mailto:secretary.kilmeena.mayo@gaa.ie). [www.facebook.com/profile.php?id=100057326085404](http://www.facebook.com/profile.php?id=100057326085404)

Westport Athletics Club

Running, high jump, long jump, shot putt, hurdles for ages 8+

Westport Sports Complex, Horkans Hill, Newport Rd., Westport

Tel. 085 274 7857

[www.westportac.ie](http://www.westportac.ie)

Westport Squash Club

Westport Sports Complex, Horkans Hill, Westport

Tel. 098 26341

[www.facebook.com/profile.php?id=100063522281451](http://www.facebook.com/profile.php?id=100063522281451)

Westport Tennis Club

Newport Road, Westport, F28 E1C2

Email [tennisclubwestport@gmail.com](mailto:tennisclubwestport@gmail.com)

<https://ti.clubspark.com/WestportTennisClub>

Westport Warriors Basketball Club

Sacred Heart School, Castlebar Rd., Westport

[www.westportwarriors.ie](http://www.westportwarriors.ie)

Westport Bulls Rugby Club (Minis, Youth and Girls)

Carrowholly, Westport. Tel. 098 25700; email [westportRFC1925@gmail.com](mailto:westportRFC1925@gmail.com).  
[www.facebook.com/BullsRugbyClub](http://www.facebook.com/BullsRugbyClub)

Westport Girls' Youth Rugby

Tel. 087 991 6638; email [westportgirlsrugby@gmail.com](mailto:westportgirlsrugby@gmail.com)  
[www.facebook.com/profile.php?id=100057576364648](http://www.facebook.com/profile.php?id=100057576364648)

Westport Camogie Club

Camogie (hurling) for girls aged 8+

Email [westportcamogiedevelopment@gmail.com](mailto:westportcamogiedevelopment@gmail.com). [www.westportcamogieclub.com](http://www.westportcamogieclub.com)

Westport Kyokushinkai Karate Club

Gaelscoil na Cruaiche, Golf Course Rd., Westport. Tel. 087 664 0062.  
[www.facebook.com/profile.php?id=100064510730091](http://www.facebook.com/profile.php?id=100064510730091)

GRIT Fitness & Dance

Kids Fitness and Dancefit classes on Wednesdays (ages 7+)

Lodge Rd, Westport, F28 D296

Email [gritfitnessdancestudio@gmail.com](mailto:gritfitnessdancestudio@gmail.com). [www.GritFitnessDanceStudio.com](http://www.GritFitnessDanceStudio.com)

Swimming Classes at Westport Leisure Park

Westport Leisure Park, James St., Westport

Tel. 098 29160; email [info@westportleisure.com](mailto:info@westportleisure.com)

[www.westportleisure.com/swimming-lessons.html](http://www.westportleisure.com/swimming-lessons.html)

Westport Swimming Club

Westport Leisure Park, James St., Westport

Tel. Barry Robinson 087 9837842; email [WestportSwimmingClub@gmail.com](mailto:WestportSwimmingClub@gmail.com)

[www.facebook.com/WestportSwimmingClub](http://www.facebook.com/WestportSwimmingClub)

Westport Special Olympics Club

Swimming and Bocce for children with disabilities

Westport Leisure Park, James St., Westport

Tel. Paul Bree 087 9290157; email [paul.bree@gmail.com](mailto:paul.bree@gmail.com)

[www.facebook.com/WestportSpecialOlympicsClub](http://www.facebook.com/WestportSpecialOlympicsClub)

Westport Community Games

Voluntary organisation offering various sports and competitions for children age 6-16.

[www.communitygames.ie/westport.html](http://www.communitygames.ie/westport.html)

Covey Wheelers Cycling Club

Tel. 098 24966; email [westportcc@gmail.com](mailto:westportcc@gmail.com)

[www.westportcc.ie](http://www.westportcc.ie)

### Westport Junior Golf

Westport Golf Club, Carrowholly, Westport. Tel. 098 28262; email [info@westportgolfclub.com](mailto:info@westportgolfclub.com) [www.westportgolfclub.ie](http://www.westportgolfclub.ie)

### St Anne's Boxing Club

James St. Carpark, Westport  
[www.facebook.com/profile.php?id=100063453260310](https://www.facebook.com/profile.php?id=100063453260310)

### Westport Triathlon Club

Cycling, swimming and running  
Email [info@westporttriathlonclub.ie](mailto:info@westporttriathlonclub.ie)  
[www.westporttriathlonclub.ie](http://www.westporttriathlonclub.ie)

## Groups & Classes for Parents & Babies / Toddlers in Westport

### Buggy Buddies Westport

Walking group for parents / minders, babies, toddlers and young children. Meet at the Pond at Westport Quay every Friday morning at 9.30am, for a walk through Westport House and coffee. Sometimes there are activities such as parent and toddler yoga, dancing. Westport Family & Community Resource Centre. 098 24419. [www.westportfrc.ie](http://www.westportfrc.ie). To register email Leanne - [coordinator@westportfrc.ie](mailto:coordinator@westportfrc.ie).

### Westport Parent and Toddler Group

Meet weekly during school terms on Wednesdays 9-11am in Westport Leisure Park, James St, Westport. [westportpandt@gmail.com](mailto:westportpandt@gmail.com) [www.facebook.com/westportparentandtoddler2021](https://www.facebook.com/westportparentandtoddler2021)

### Wild West Parent and Toddler Group

Every Thursday 10am-1pm in The Wild West Children's Play Centre (open to babies too) – Tel. 098 24634. [www.facebook.com/thewildwestindoorplayvillage](https://www.facebook.com/thewildwestindoorplayvillage).

### Westport Library Story Time

Tuesdays at 3pm in Westport Library, St. Mary's Crescent., Westport. Tel. 098 25747.  
[www.facebook.com/mayocountylibrary](https://www.facebook.com/mayocountylibrary)

### Parent & Baby screenings in The W Cinema

Tuesdays at 10.30am in the W Cinema, James Street, Westport. You can bring your baby, the sound is reduced and low lights are left on. Tel. 24242. [www.thewcinema.com](http://www.thewcinema.com)

### Turtle Tots Baby & Toddler Swimming Lessons

In The Westport Woods Hotel on Wednesdays and Saturdays. [www.turtlelots.ie](http://www.turtlelots.ie)

### Breastfeeding Support Group

With HSE Public Health Nurse. In Westport Primary Care Centre. Tel. 098 44000

### Castlebar Friends of Breastfeeding Mum2mum Group

Some people from Westport attend. Tel. Nancy 094 9025126. [www.facebook.com/cuidiucastlebar](http://www.facebook.com/cuidiucastlebar)

### Parent and Baby Reflexology classes with Jennifer Rutherford

Westport Physiotherapy and Acupuncture Clinic. Tel. 087 294 4995. [www.facebook.com/Daisy-Chain-Westport-541494876020776](http://www.facebook.com/Daisy-Chain-Westport-541494876020776)

### Post Pregnancy Pilates

With Hilary Kiely from The Core Works Pilates. In Westport Leisure Park. You can use the pool after.  
Tel. 085 1452753. [www.facebook.com/thecoreworksireland](http://www.facebook.com/thecoreworksireland)

### Baby Boppers

Music, Movement & Sensory Classes for babies and toddlers aged 3 months to 3 years.

Westport Leisure Park

Tel. Mairead 087 7718559 Instagram @baby.boppers

Westport Family & Community Resource Centre, The Fairgreen, Westport, Co. Mayo. **Eircode:** F28 H971

**Tel:** 098 24419 **Email:** [admin@westportfrc.ie](mailto:admin@westportfrc.ie) **Website:** [www.westportfrc.ie](http://www.westportfrc.ie)

**Company No.** 380806 **CHY No.** 16804

**Company Trustees:** Naomi De Ris, Pat Conway, Mark Garavan, Daphne Mooney, Sonya Murray, Judy Casey, Mary O'Malley Graham, Maria McHale, Susan Hynes, Megan Burke, Patrick English